**GRADE 7 SANTÉ COURSE OUTLINE**

Mlle. Vardy

The grade seven health program focuses on being health wise. The program responds to the fact that students need health information in order to live a healthy lifestyle. In addition to this, they need skills to help them make full use of this information. This course will be studied in the French language.

**The program includes the following units;**

1. Living skills and a healthy lifestyle.
2. You and others.
3. Mental/emotional health
4. Physical health
5. Drug use
6. Human sexuality

The units will not be covered in any particular order and there will be overlap of unit topics due to the nature of topic discussion.

**The program will be evaluated through;**

1. Discussion participation (Questions and Answers)
2. Assignments/projects
3. In class assignments
4. Quizzes